**Rhode Islands Health Education Standards**

The seven standards describe what all Rhode Island students should know and be able to do as a result of K-12 health education.

**Standard One** - Students will understand the concepts related to health promotion and disease prevention as a foundation for a healthy life.

**Standard Two** - Students will demonstrate the ability to access valid health information and health-promoting products and services.

**Standard Three** - Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

**Standard Four** - Students will analyze the influence of culture, media, technology and other factors on health.

**Standard Five** - Students will demonstrate the ability to use interpersonal communication skills to enhance health.

**Standard Six** - Students will demonstrate the ability to use goal-setting and decision-making to enhance health.

**Standard Seven** - Students will demonstrate the ability to advocate for personal, family, community, and environmental health.